



Special Diet Request Form

*This sheet is designed to better serve those who have dietary needs & restrictions. Unfortunately, we **do not have** the ability to accommodate those who have eating preferences, such as vegetarians or those who do not prefer certain types of food. However, our menus **are** designed with variety & nutritional balance to satisfy almost anybody. Let us know how we can serve you!*

Please check all allergies that apply:

- Peanut Products
- Fish/By-products
- Eggs
- Gluten
- Oats
- MSG
- Latex
- Corn Products
- Yeast

- Shellfish
- Soy Products
- Dairy
- Wheat
- Preservatives
- Hydrogenated Oils
- Nuts
- Chocolate / Cocoa

Digestive Disorders / Please Specify: _____

Other Allergies? Severity: _____

If we have any further questions we will contact you. We need at least one week notice for special accommodations. You can contact us at:

kitchen@trailwest.younglife.org or fax this form to us at: 719-395-6833

Attn: Kitchen

Your Name: _____

Group Name: _____

Best Way To Contact You: _____
