

The main thing to remember here is that there should be very little on this list for you to go out and purchase. There are a few non-negotiables like your passport, immunization record, malaria medication, insect repellent, sunscreen, but as for everything else, do your best to scrounge, borrow, share or purchase cheaply if you must.

Make sure and limit your luggage to 1 piece, and one carry-on. You will be taking one bag with items to donate. You can then use this empty bag to bring back gifts/souvenirs, or simply stuff inside your other luggage for the return trip.

It's a good idea to try and carry one change of clothes in your carry-on, just in case your checked bag arrives late. Other things to have in your carry-on luggage: Bible, passport medication (in original bottles), malaria meds, and snacks. Also, put a copy of contact information in your bags in case they get misplaced.

Contact info in Addis:

Mogus :011-251-911-630-055

John: 011-251-913-865-777

We will be staying at the Addis Kidane Guest House:

<http://www.vimeo.com/909194>

<http://www.heart-for-ethiopia.blogspot.com/>

## ***Carry On plus Backpack:***

***Always keep your medication, malaria pills, passport and money in your backpack or purse in case your carry on has to be checked in at the last minute!!***

You will need:

**YOUR PASSPORT\* and proof of your yellow fever vaccination**

**\*Note:** *(To obtain your tourist Visas, secured upon arriving into the Addis Ababa airport, your passport **MUST** be valid, unexpired and good for at least 3 months beyond your return date.)*

It's a good idea to try and carry one change of clothes in your carry-on, just in case your checked bag arrives late. Other things to have in your carry-on luggage: Bible, passport of course, something to write with, anything else you might want to read during your day of travel. Also, Put a copy of contact information in your bags in case they get misplaced, we will have an Ethiopian contact.

**\*\*Note: Pack a toothbrush and any medications you need in your carry on, but remember, with the new carry-on restrictions, you can NOT carry on any liquids or gels, i.e. no toothpaste or shampoo larger than 3 ounces. Please be prepared and have**

**these items already in a quart size zip-loc bag, ready to have out in the security line!  
Plastic bags must be completely sealed and will be x-rayed separately.**

- **Baggage Guidelines: ([www.ethiopianairlines.com](http://www.ethiopianairlines.com))**
- One piece of carry-on baggage is acceptable free of charge provided it is suitable for placing in the over-head rack or under your seat. The sum of the three dimensions (L+W+H) shall not exceed 115 cm and/or 45 inches and weight must not exceed 7kgs (15 lb).
- In addition, you may also carry free of charge, items of personal effects for use in flight, as listed below:
- A handbag, pocket book or purse.
- A small camera
- A reasonable amount of reading material for the flight.
- One Lap top without accessories and attachments

#### **CHECKED BAGGAGE:**

\*The total of the 3 dimensions of each bag (piece) shall not 62 inches.

\*The maximum weight of any bag (piece) of the free baggage allowance shall be 50 lbs.

**PLEASE REMEMBER:** Last year, we (Klopp's) were required to check our carry-on's in DC at the last minute and we had a ton of juggling to do to re-pack what we wanted on the flight. Please pack accordingly!

#### ***PACKING NOTES:***

***All of the following is necessary.***

**INSECT REPELLENT with 25-35% DEET** (spray is better than a lotion)

**SUNSCREEN** with SPF 30 or higher, depending on how sensitive your skin is

**SUNGLASSES**

**HAT** to keep sun off your face and head

**BANDANA**-to keep sun off your neck

**WORK GLOVES** (cheap ones you might consider leaving behind)

**SWIMSUIT** (girls – one piece only – no exceptions! Long shorts for guys)

**2 TRAVEL OUTFITS....** lightweight khaki pants or long skirts are fine (jeans are ok but if you have to wash them, it will take a day or 2 to dry due to humidity)

**WORK/PLAY CLOTHES for your total in-country days:.....think modest!**

**ADAPTER for Ethiopia/Africa: If you bring a camera that need recharging, please try to bring an adapter as well, clearly labeled with your name.**

**Men:** It is more culturally acceptable to work in long pants. Bring a few pairs of shorts as there will be times for these, but come prepared to spend most days in long pants. Because of warmer temperatures, you might want to bring thinner, breathable cotton or nylon-blend pants, as opposed to only jeans. Jeans are also more difficult to wash and air dry. (It could take days!) T-shirts are fine for working/playing in. Bring at least one nice collared shirt in case your group is able to attend a local church.

**Women:** Dress modestly, no sleeveless shirts please, no spaghetti straps or tight fitting clothing. No plunging necklines. Pants are best to work in; breathable cotton or nylon-blend pants, as opposed to only jeans. Skirts okay, just make sure they are long, below the knee. A few pairs of shorts are okay as there may be times when these are appropriate. Bring at least one long skirt outfit in case your group is able to attend a local church. One piece swimsuit – no exceptions!!

### **DONATIONS**

At the end of your time in Ethiopia, you will have an opportunity to donate or leave behind any clothes, shoes etc. Think about this while you are packing to leave. Is there some things in your closet you do not need? Pack and wear those, and it will save more room for souvenirs on the way home.

### **SPENDING MONEY**

We will be shopping! Ethiopia is known for it's beautiful, hand-made Coptic crosses, for its delicious coffee (Ethiopia is the birth place of coffee!), silver jewelry and cultural clothes. All of this might make great thank you gifts to donors who supported you and/or friends and family. DO NOT bring travelers checks, or debit/credit cards. They are not accepted.

**Note:** Ethiopia has recently implemented a rule that any US Dollars brought in the country for spending must be from the year 2001 or newer and in the form of \$100 dollar bills. The year is indicated on the front of bills above the "R" in DOLLAR(S) as a Series from that year.

# PACKING LIST:

- clothes
- sandals and a pair of closed toed shoes.
- baby wipes and hand sanitizer
- toiletries (Tums, Tylenol, Midol, a few band aids, purell, cold medicine, Neosporin, melatonin/Tylenol PM/ or Ambien
- medications
- sunscreen (15 or 30)
- bug repellent
- sunglasses (SARAH)
- Bible
- Journal
- Camera
- Adapters
- small flashlight for power outages
- Misc: earplugs, safety pins, a handful of large and small baggies (to hold spices on the way home!) small sewing kit, chapstick
- passport
- Vaccination record
- emergency phone numbers